

Virginia Cross State Ride 2010 - Tentative Calendar

Sponsored by the Virginia Bicycling Federation - www.vabike.org

Day	Date	Depart	Arrive	Estimated Mileage
Thursday	13-May		Breaks Interstate Park	0
Friday	14-May	Breaks Interstate Park	Rosedale or Elk Creek, Russell County	50 - 56
Saturday	15-May	Elk Creek, Russell County	Damascus - Ironhorse Campground or Hostels	35 - 40
Sat - Sun		Virginia Creeper Trail Option		34 - 60
Sunday	16-May	Damascus - Ironhorse Campground or Hostels	Rural Retreat Lake - Hurricane NFS Camp - Hungry Mother State Park - Cedar Springs Fish Farm	40 - 55
Monday	17-May	Rural Retreat Lake - Hurricane NFS Camp - Hungry Mother State Park - Cedar Springs Fish Farm	Draper Valley via Bike 76 or Foster Falls State Park via New River Trail	45 - 60
Tuesday	18-May	Draper Valley or Foster Falls State Park	Claytor Lake State Park via New River Trail and / or New River Valley bikeways	32 - 60
Wednesday	19-May	Claytor Lake State Park (with Wildwood Trail option in Radford and Huckleberry Trail option via Blacksburg)	Catawba - Roanoke Valley - Catawba Valley General Store Camping or Homestays	57 - 65
Thursday	20-May	Roanoke Valley	Roanoke Valley - Camp Bethel	20
Friday	21-May	Roanoke Valley	South River Mallard Duck Campground	50 - 70
Saturday	22-May	South River Mallard Duck Campground	Sherando Lake NFS or Misty Mt. Camp Resort at Greenwood	34 - 52
Sunday	23-May	Sherando Lake NFS or Misty Mt. Camp Resort at Greenwood	Charlottesville KOA	30 - 57
Monday	24-May	Charlottesville KOA	Mineral Fire Department	50
Tuesday	25-May	Mineral Fire Department	Ashland Americamp or Richmond Area	48 - 60
Wednesday	26-May	Ashland Americamp or Richmond Area	Chickahominy Riverfront Park	63
Thursday	27-May	Chickahominy Riverfront Park	Yorktown with return to Chickahominy Riverfront Park Optional	28 - 56
Friday	28-May	Chickahominy Riverfront Park	Mileage Range	581 - 806

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Terrain: Mountains to the Sea terrain includes significant climbs and some smooth trail or gravel surfaces, so triple chain ring and multi-surface tires are advisable.

Total Mileage: 570+ along Bike 76 TransAmerica Bicycle Trail route. Daily mileage planned at about 50 miles with options for side routes of scenic and historical interest estimated to total 800+ miles

Daily Activities: Tours of Scenic / Historic Attractions; Promotional Visits to Local Tourism, Recreation

Organizations; and "See and Smell the Virginia Blossoms"

Accommodations:

Participation Options: complete ride, weekly, daily

Camping / Hostels / Home Stays

SAG - Support vehicle for luggage **A**nd **G**ear, with shared driving and route patrolling to 5 PM daily

Ride Sharing Plans From: Hampton Roads, Richmond, Charlottesville, Roanoke

Shared Costs of Fuel, Camp / Hostel Rentals, Meals