

**Virginia Cross State Ride 2010 - Tentative Calendar**

Sponsored by the Virginia Bicycling Federation - [www.vabike.org](http://www.vabike.org)

| <u>Day</u> | <u>Date</u> | <u>Depart</u>   | <u>Arrive</u>  | <u>Estimated Mileage</u>        |
|------------|-------------|---|--|---------------------------------|
| Thursday   | 13-May      | Rideshare Rendezvous in Tidewater, Richmond, Charlottesville, Roanoke & New River Valley                    | Breaks Interstate Park   | 0                               |
| Friday     | 14-May      | Breaks Interstate Park  | Elk Creek, Russell County  | 51                              |
| Saturday   | 15-May      | Elk Creek, Russell County   | Damascus - Traildays   | 35                              |
| Sat - Sun  |             | Virginia Creeper Trail Option   |  | 34 - 60                         |
| Sunday     | 16-May      | Damascus - Traildays  | Cedar Springs Fish Farm  | 46                              |
| Monday     | 17-May      | Cedar Springs Fish Farm   | Foster Falls State Park via New River Trail                                  | 36 via NRT                      |
| Monday     | 17-May      | Cedar Springs Fish Farm   | Fort Chiswell via Bike Route 76  | 47 via BR 76                    |
| Tuesday    | 18-May      | Foster Falls or Fort Chiswell   | Claytor Lake State Park via New River Trail or via Bike Route 76             | 32 (BR76) - 42 via NRT          |
| Wednesday  | 19-May      | Claytor Lake State Park (with Wildwood Trail option in Radford and Huckleberry Trail option via Blacksburg) | Catawba - Roanoke Valley - Catawba Valley General Store Camping or Homestays | 50 - 70 (via Huckleberry Trail) |
| Thursday   | 20-May      | Roanoke Valley (lay over day)   | Camp Bethel  | 28 on BR 76                     |
| Friday     | 21-May      | Camp Bethel   | South River Mallard Duck Campground  | 50 on BR 76                     |
| Saturday   | 22-May      | South River Mallard Duck Campground   | Misty Mt. Camp Resort at Greenwood   | 50                              |
| Sunday     | 23-May      | Misty Mt. Camp Resort at Greenwood  | Alexander House, Charlottesville   | 25                              |
| Monday     | 24-May      | Alexander House, Charlottesville  | Mineral Fire Department  | 56                              |
| Tuesday    | 25-May      | Mineral Fire Department   | Ashland Americamp or Richmond Area   | 48 (BR 76)- 68 (BR 1)           |
| Wednesday  | 26-May      | Ashland Americamp or Richmond Area  | Chickahominy Riverfront Park   | 50                              |
| Thursday   | 27-May      | Chickahominy Riverfront Park  | Yorktown with return to Chickahominy Riverfront Park Optional                | 28 - 56                         |
| Friday     | 28-May      | Chickahominy Riverfront Park  | Mileage Range  | 581 - 734                       |

Contact Information: Joe Morgan, 100 E Ocean View Ave, #803, Norfolk, VA 23503  
[jnmorgan@megahits.com](mailto:jnmorgan@megahits.com) 804/441-1646

OR Barbara Duerk, 2607 Rosalind Ave. S.W., Roanoke, VA 24014  
 barbgary@cox.net 540/343-1616

Terrain: Mountains to the Sea terrain includes significant climbs and some smooth trail or gravel surfaces, so triple chain ring and multi-surface tires are advisable.

Total Mileage: 570+ along Bike 76 TransAmerica Bicycle Trail route. Daily mileage planned at about 50 miles with options for side routes of scenic and historical interest estimated to total 700+ miles

Daily Activities: Tours of Scenic / Historic Attractions; Promotional Visits to Local Tourism, Recreation Organizations; and "See and Smell the Virginia Blossoms"

Accommodations: Participation Options: complete ride, weekly, daily

Camping / Hostels / Hotels / Home Stays

SAG - Support vehicle for luggage And Gear, with shared driving and route patrolling to 5 PM daily

Estimated Shared Costs of Fuel, Campsite Rentals, Meals Ride Sharing Plans From: Hampton Roads, Richmond, Charlottesville, Roanoke, New River Valley  
 at \$15 per day - Hostel / Hotel rental extra